



Happy Labor Day! This week's newsletter includes general information about

WEEKLY UPDATE – September 5

employment options for international students. As always, if you have any general questions, you can contact our office by **chat**, **phone**, or **email**. If you have specific immigration questions, you can make an appointment with your ISSS adviser online.

## At the beginning of each semester, students are often curious about employment options available to them. Brief explanations are provided below along with links to our

**Employment Options for F-1 Students** 

Please note that all F1 students must first receive approval before beginning employment in the U.S. F-1 students should know the following about their options for employment: • On-campus employment: All F-1 degree-seeking students may work on campus up to 20 hours per week while classes are in session. Eligible F-1

website where you can **find instructions** on how to apply for and secure employment.

students should follow the steps listed on our webpage when seeking on-campus employment. Learn more » • Curricular Practical Training (CPT): If you're interested in pursuing an internship or job, consider applying for Curricular Practical Training (CPT). CPT is offcampus employment, internship, or other training that is a required or an integral

part of a degree program. Students may refer to the USF catalog or contact their

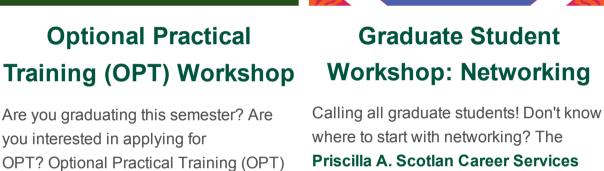
- academic department to determine whether CPT is a required or optional component of their degree program. Learn more » • Optional Practical Training (OPT): Optional Practical Training (OPT) is an offcampus work benefit for F-1 visa holders. Students have the option to apply for 12 months of work authorization during or after their studies. Students are required to complete a workshop before submitting an OPT application to ISSS. Learn more
- visa sponsor to determine their employment eligibility. Eligible J-1 students have two options to engage in employment: On-campus Employment and Academic Training. Learn more »

J-1 students: Please note that J-1 students should check with their ISSS advisor or

**Events and Workshops** 



**>>** 



requires that students **OPT Workshop** before applying via MylSSS. It is important to know that the process for applying for OPT can take 3-4 months, and students should plan ahead to use this work authorization benefit. Please refer to **OPT Frequently Asked** Questions (FAQs) for more information.

is an off-campus work benefit of F-1 visa holders. The OPT application process is

detailed and for this reason, ISSS

event is this Wednesday, Sept. 7, from **6–7 p.m. on zoom**. We highly encourage you to attend this meeting to gain the tools and confidence to start networking. Sign up here »

REGISTER FOR A

WORKSHOP

H1B & Greencard

**Center** is hosting a meeting where you

can lead to your next opportunity. Their

can learn all about networking and how it

GRADUATE STUDENT



internships. Create memorable resumes

and cover letters. Prepare a captivating

elevator pitch. And network effectively

using LinkedIn...all in 30 minutes! Their event is this Thursday, Sept. 8 from 12-12:30 p.m. at Berman Room, Fromm Hall. Sign up here » Requesting a document from ISSS?



options for F-1 students after the

completion of their studies. Information

will focus on the H-1B Work Visa, however information on the TN NAFTA, L-1 Multi-National Organization, and P-1 Athlete or Entertainer in a Group visas will also be provided. They will also provide basic information on the familybased or employment-based Green Card application process. Sign up here » ISSS OFFICE RESOURCES If you are requesting an immigration document or letter from our office, remember that we

**CONTACT US** 

request ten business days to process requests. Make sure you plan accordingly so you have enough time to receive your document before you need it. All ISSS requests should be submitted through the MyISSS student portal (select the home icon, site home and then requests on the left hand menu). You can view our MyISSS Student Handbook for assistance with your submission.

Appointments can be made online. Please visit the ISSS website to schedule an appointment.

workshops from the first menu option in our scheduler. Students must complete an OPT workshop

Appointments are still booked in 15-minute increments. To schedule a workshop, select

## before applying for OPT.

Adviser Appointments and Workshops



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